

## Disturbances in the Auditory Pathway



**Conductive Hearing Loss:** problem in the ear canal or middle ear that blocks the transmission of sound.

- What are some common causes?
  - excessive ear wax
  - Foreign body in ear canal
  - Babies who are put to sleep with bottles in bed
  - Allergies
  - Trauma to the eardrum or bones
  - Chronic ear infections or chronic fluid in ears
  - Scar tissue from multiple surgeries or ear drum ruptures

## Video of Ear Tube Surgery



## What are the Signs and Symptoms of a Possible Conductive Component?

- Pulling on ears
- Irritability
- Unexplained fever
- Decreased appetite
- Frequent drainage from nose or from ear
- Frequent waking at night
- Several rounds of antibiotics
- Not responding when spoken to
- Does not easily imitate
- Does not use correct sounds for words

## How Can We Help?

- Help parents understand the importance of treatment and follow-up for infections.
- Help parents understand how chronic middle ear infection affects the transmission of sound AND therefore their speech and language development.
- Help parents be advocates for their children by requesting a referral to an ENT.

**Sensorineural Hearing Loss:** damage to the inner ear, auditory nerve, or auditory pathways in the brain

- What are the common causes?
  - Damage to the hair cells (medications, exposure to loud noises, natural aging)
  - Genetic Syndromes
  - Injury
  - Illness
  - Disturbances of fluids in the cochlea

## What are the First Signs and Symptoms?

- Failure to pass the newborn hearing screening
- Lack of or limited vocalizations as an infant.
- Lack of response to voice.
- A change in the child's vocalizing or response patterns particularly following an illness.

## How Can We Help?

- Ensure that EVERY child who fails ANY type of hearing test gets to a specialist for a follow-up appointment.
- BE AWARE that even hearing impaired infants appear to respond to some sounds because they are sensitive to the vibrations.
- Understand how the child's health history relates to ear health and communicative functioning.

## Disturbances with the Oral Mechanism

Structural or physical problems that affect feeding and/or speech production.

## What are the common causes?

- Cleft Palate
- Submucous cleft
- Low muscle tone
- Poor oral awareness
- GERD
- Prolonged nasogastric feeding tube
- G-tube feedings
- Enlarged tonsils and adenoids
- Tongue-Tied

## What are some signs and symptoms?

### Cleft Palate/Submucous Cleft

- Speech that sounds like it is coming from a child's nose.
- Food coming out of a child's nose.



## Low Muscle Tone: Open Mouth Posture



Forward resting or protruding tongue



"Heavy" cheeks and "pouty" lips



Drooling



Unable to take bites of food.



### More on Low Tone...

- Child mashes food with tongue or sucks food rather than biting.
- Prefer to eat only soft foods.
- Food falls out of a child's mouth while chewing.
- Words may sound different each time a child says it.

### Reduced Oral Sensitivity

- Child does not feel drool on chin.
- Child stuffs mouth with more food while eating.
- Child uses fingers to push food around in mouth.
- Child refuses some food textures or has very limited list of food they eat.
- Food remains in mouth after meal is complete.
- Child prefers strong flavors.
- Constantly mouth toys, hands, clothing etc.

## Mouth Stuffing



## Increased Oral Sensitivity

- Dramatic refusal of food.
- Did not/does not mouth toys as a baby.
- Aversions to certain foods.
- Strong food preferences.
- Averse to tooth brushing
- Limited movement of the tongue.
- Wiping off tongue/mouth when presented with a new food.
- Grimacing when presented with new foods.
- Gagging (even at the sight of food).

## Dramatic Refusal of Food



## GERD

- Starting and stopping the bottle even when hungry
- Crying and arching while bottle feeding
- Crying when lying down
- Eating only small amounts at a time
- Refusing to eat/aversions to food
- Hoarse voice
- Frequent re-swallowing after meal is finished.

## More on GERD..

- Wet burps
- Frequent coughing
- Gagging
- Poor growth
- Respiratory problems (asthma, pneumonia, bronchitis, wheezing)
- Vomiting
- Low muscle tone
- Waking frequently during the night

## Let's See What it Looks Like!



## Tube Feedings

- Prolonged nasogastric feed tubes
- G-Tube feedings

## Enlarged Tonsils and Adenoids

- Frequent ear infections
- Snoring
- Open Mouth Posture
- Mouth breathing
- Drooling
- Sleep Disturbances



## Tongue -Tied

- Trouble latching on for breast feeding
- Can not stick tongue out beyond lips
- Divot at the end of the tongue (like a snake's forked tongue)
- Food left in pockets between cheeks and tongue
- Using different parts of the tongue to make "tongue tip" sounds like (d,t,l,n)

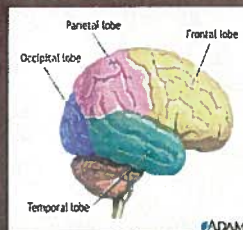


## How Can We Help?

- Pay attention when a parent expresses concerns about feeding.
- Consult your speech pathologist if you suspect something is unusual.
- Use your speech pathologist for ideas to help with oral sensitivity, low tone, decreased oral awareness.
- Ask your SLP or OT to come with you on a visit to take a look at feeding and to assure that a more specific intervention from a specialist is not required.

## Neurological and Genetic Causes

- Basic Brain Neurology
  - The Frontal Lobe
  - The Temporal Lobe
  - The Parietal Lobe
  - The Occipital Lobe



## Lets take a Look inside the Brain!



## Neurological Contributors

- Interventricular Hemorrhage (IVH)
- Cerebral Palsy
- Periventricular Leukomalacia (PVL)

**Premature Infants**

**Cerebral Palsy**  
 - Abnormal development of the brain  
 - Can be caused by infection, stroke, or trauma during pregnancy or birth

**Periventricular Leukomalacia (PVL)**  
 - Damage to the white matter of the brain  
 - Often caused by IVH or infection

## Infant stroke - Oxygen Deprivation

### Full Term Newborns

**Neonatal Stroke**  
 - Can be caused by blood clots or bleeding in the brain  
 - Often occurs during pregnancy or birth

**Hypoxic Ischemic Encephalopathy**  
 - Caused by oxygen deprivation during birth  
 - Can lead to brain damage and developmental problems

## More Contributors...

**Brain Trauma**  
 - falls/accidents  
 - abuse

**Illnesses**  
 - Group B strep  
 - Encephalitis  
 - Meningitis

## Teratogens

- Lead poisoning

**Lead exposure**  
 About 30,000 U.S. children ages 1 to 5 have elevated blood lead levels, which can accumulate over months and years and cause lifelong health problems.

**Effects on children**  
 - High levels up to 70 percent of total adults blood lead level  
 - Often undetected, no obvious symptoms  
 - Can lead to learning disabilities, behavioral problems, motorized bones, slow growth  
 - Very high levels can cause seizures, coma, death

**Sources**  
 - Lead-based paint (common in homes built before 1978)  
 - Drinking water from lead pipes  
 - Cereals and other food  
 - Soil (lead from old paint, leaded gasoline)  
 - Toys

**What parents can do**  
 - Have child's blood lead level tested  
 - Remove lead from home  
 - Only use lead-free paint  
 - Wash hands and toys frequently  
 - Test paint, dust, and soil for lead  
 - If a test shows lead, remove it

## Fetal Alcohol Syndrome

**FAS Facial Characteristics**

- epicanthic folds
- small eye openings
- flat midface
- upturned nose
- smooth philtrum
- thin upper lip

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## Meth Exposure and other drugs

## Genetic Factors

- Down Syndrome
- Spina Bifida



## Genetic/Neurological

- Stuttering
- Childhood Apraxia of Speech



## Genetic/Neurological

- Autism
- Fragile X



## How Can We Help?

- Be aware that neurological and genetic factors contribute to overall communication difficulties.
- Help parents understand how their child's health or medical condition impacts their development.
- We can predict some characteristics based on the child's history and this can lead to developing effective intervention strategies and techniques.
- The plasticity of the brain is an important factor in children birth to three.

## Environmental/Experiential Factors

- **Maltreatment:**
  - Neglect
  - Abuse
  - Foster Care (disturbances in attachment)
  - Compromised Prenatal Course (teratogens, maternal nutrition, maternal health, stress)
  - Genetic Vulnerabilities

## Impact of Maltreatment on the Brain Architecture

- **Lack of touch**—smaller brains
- **Lack of sensory stimulation**—asocial behavior, language/cognitive delay (less dense corpus callosum)
- **Maternal depression**—reduced frontal lobe activity
- **Maternal stress**—slower fetal brain growth
- **Maternal drug use**—perturbed CNS
- **Deprivation** (orphanages)—poor growth, lower DQ/IQ, stereotypes, dampening of brain functioning

Susan Spieker, Center on Infant, Mental Health and Development, University of Washington

## Impact of Trauma

- Fight/flight (amygdala, etc)
- Hyperarousal (cingulate gyrus, etc)
- Distractibility (prefrontal regions)
- Dissociation (hippocampus)
- Impaired memory (hippocampus)
- Poor self regulation (frontal regions)
- Emotional processing difficulties (stress hormone imbalances, cortisol)
- Cognitive delays (frontal lobe, corpus callosum)

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## Exposure to TV

The more a baby sits in front of the TV the more their social, cognitive and language skills suffer.

- 1) Less parent-child interaction  
Parent vocalizations decreased and the child's vocalizations decreased as well
- 2) Study reveals increased exposure to TV yields smaller vocabularies
- 3) Mandarin Chinese study: children learn best from a real person

## Responsiveness of Caregiver

- It is not **WHAT** the parent says to a child; but rather **how well the parent is able to provide a well-timed appropriate response to the child's initiation** (Child initiates/parent responds)
- Baby learns that his/her sounds are meaningful...they get the caregivers attention
- Adult response (naming the object) needs to occur at the moment when the baby is referencing (looking at/reaching for) the object

## How Can We Help?

- Help foster parents understand the impact trauma has on the brain.
- Help families understand that interacting with their child is what helps their child learn. Suggest a 1:1 balance (1/2 hour of video=1/2 hour of mommy/daddy playtime)
- Help caregivers understand that responding to what their child is interested in is what is most important for learning!

When do you intervene?

**YOU  
ALWAYS  
INTERVENE!**

## How can we Create Opportunities for Communication?

- Following the child's lead!
- Understanding the communication partners in the interaction!

This portion of the presentation is based on information from It Takes Two to Talk® - The Hanen Program® for Parents. The content of the It Takes Two to Talk Program is drawn from the guidebook It Takes Two to Talk - A Practical Guide for Parents of Children with Language Delays (Pepper & Weitzman, 2004). This presentation does not constitute a Hanen Program since it does not include many of the components of a Hanen Program, but does cover some of the same topics and strategies.

Understanding the stage of communication the child is at.