

The Whole Child:

In our more recent past, fathers have taken a back seat in the area of parenting, especially in nurturing young children. This was an era in history when mom was spending most of the time with the children and fathers were only expected to generate income.

Unfortunately for these fathers, they were often expected to discipline all the children's bad behavior of the day, as soon as they got home from work. Thank goodness that this trend has changed! We now know that father's are more important in raising healthy and happy children than we ever thought before. As well, fathers are now being able to truly enjoy the gifts of childrearing. Fathers are so important! Little girls especially need fathers for development of healthy self esteem and little boys need fathers for support and healthy role modeling. What a wonderful gift fathers are to children and it is time that we recognize dads for their enormous contributions to the family!

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Resources:

Books:

The expectant father: facts, tips, and advice for dads-to-be

Author: Armin A. Brott

Strong fathers, strong daughters: 10 secrets every father should know

Author: Meg Meeker

The purpose of boys: Helping our sons find meaning significance, and direction in their lives.

Author: Michael Gurian

Web sites:

www.fatherhood.org

www.childdevelopmentinfo.com

www.LoveAndLogic.com