

The Whole Child

August 2009

Times are tough for families in Hillsdale County. We all know someone who is struggling, we may be struggling ourselves, or we may be fearful that our family may struggle financially in the near future. The good news is, that many families have made cut backs and found that they can be successful with living on a tighter budget. Most of us are realizing for the first time what a materialistic life we are living and that just maybe it does not have to be that way. The more "simple pleasures" in life are making a comeback! During these tough economic times we may be called on to help someone else. This economic climate provides us with the opportunity to pull together as families, increase our support of neighbors and friends, and to find ways to be happy with less. Our children will benefit from watching us support others more. They will also continue to love the more simple pleasures in life like playing in the park, swimming at a public access, camping in the back yard, or having a BBQ with family and friends. Times are tough, but keep spending some "carefree" moments with your children. No matter what the activity, children prefer our attention and praise the most. Be creative and spontaneous-kids love it!

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